

Posição Geral - Masculino / Feminino



5ª CORRIDA DA MULHER 3KM - MARINGA PARK

Temp. Início da Prova

Umid. Início da Prova

Temp. Final da Prova

Umid. Final da Prova

Sexo F

| Col. | N.Atleta | Atleta | Sexo | Categ. | Col.C. | Categoria S. | Col.S. | Tempo | Equipe |
|------|----------|---------------------------------|------|---------|--------|--------------|--------|----------|-----------------------|
| 1 | 3.300 | EDNA LUCIA MARTINS | F | F-45-49 | 0 | | 0 | 00:13:23 | |
| 2 | 3.185 | ANA PAULA BELARDINO DOS SANTOS | F | F-16-19 | 0 | | 0 | 00:13:26 | ONG MUNDO MELHOR |
| 3 | 3.105 | ALESSANDRA RODRIGUES GOUVEIA | F | F-30-34 | 0 | | 0 | 00:13:29 | PÉ VERMELHO |
| 4 | 3.145 | SAYURI SHIBAO | F | F-30-34 | 1 | | 0 | 00:14:22 | PILEU TEAM /ISABELLA/ |
| 5 | 3.046 | MARIA ALDENICE HILARIO MARTINS | F | F-40-44 | 1 | | 0 | 00:14:58 | GOLDEN RUNNERS/NA |
| 6 | 3.126 | ZENILDA SOARES BELTRAMI | F | F-55-59 | 1 | | 0 | 00:15:45 | SPORTMED/ACORREM |
| 7 | 3.052 | ELOISA DE MOURA POMPILHO | F | F-20-24 | 1 | | 0 | 00:17:30 | EGGO RUN |
| 8 | 3.031 | NEIDE TOMINAGA VAZ | F | F-50-54 | 1 | | 0 | 00:17:56 | |
| 9 | 3.017 | CAMILA SOARES ALBUQUERQUE DA | F | F-20-24 | 2 | | 0 | 00:18:19 | |
| 10 | 3.178 | REGINA CELIA SIMÕES DE MORAES | F | F-45-49 | 1 | | 0 | 00:18:28 | |
| 11 | 3.175 | NEIDE N. DOS SANTOS | F | F-30-34 | 2 | | 0 | 00:18:43 | ACADEMIA SAÚDE E FI |
| 12 | 3.001 | MARIA APARECIDA OLIVEIRA | F | F-50-54 | 2 | | 0 | 00:19:36 | INSTITUTO DE ASSISTI |
| 13 | 3.081 | TAIANA GABRIELA MORETTI BONADIC | F | F-25-29 | 1 | | 0 | 00:19:46 | ACADEMIA BIO ACTIVE |
| 14 | 3.180 | ROSIMEIRE BERLATO CAZELA | F | F-35-39 | 1 | | 0 | 00:20:02 | |
| 15 | 3.130 | SONIA GOMES | F | F-45-49 | 2 | | 0 | 00:20:04 | |
| 16 | 3.129 | LARISSA APARECIDA VIEIRA TAQUES | F | F-20-24 | 3 | | 0 | 00:20:07 | SEGURANÇA ECOS |
| 17 | 3.173 | VIVIANE MALDONADO | F | F-25-29 | 2 | | 0 | 00:20:17 | |
| 18 | 3.339 | EMILIA EMIKO | F | F-45-49 | 3 | | 0 | 00:20:17 | |
| 19 | 3.168 | BIANCA STAWINSKI PRADO | F | F-16-19 | 1 | | 0 | 00:20:24 | DESCENDO DO SALTO |
| 20 | 3.034 | MARIA FERNANDA DO PRADO TOSTE | F | F-30-34 | 3 | | 0 | 00:20:30 | |
| 21 | 3.108 | VANESSA PINATTO GASPAS | F | F-35-39 | 2 | | 0 | 00:20:45 | |
| 22 | 3.166 | GRACIELLA POSTAI MARTINS PEDRO | F | F-30-34 | 4 | | 0 | 00:20:52 | ATUAL PILATES |
| 23 | 3.117 | MARIA ISABELA PEREIRA | F | F-20-24 | 4 | | 0 | 00:21:03 | KAIKAN FIGHT TEAM |
| 24 | 3.012 | ANA MARIA DE ALMEIDA | F | F-45-49 | 4 | | 0 | 00:21:07 | SALÃO DE BELEZA AN, |
| 25 | 3.135 | ARETHUSA INGRID MEDEIROS DIAS | F | F-30-34 | 5 | | 0 | 00:21:10 | |
| 26 | 3.044 | ELLEN CRISTINA OLIVEIRA PARODI | F | F-30-34 | 6 | | 0 | 00:21:12 | |
| 27 | 3.090 | ISABELA MARTINS MUSSIO | F | F-20-24 | 5 | | 0 | 00:21:12 | VITA CLÍNICA DE ORTC |
| 28 | 3.150 | MARILZA APARECIDA BATILANA | F | F-40-44 | 2 | | 0 | 00:21:14 | |
| 29 | 3.141 | MELINA DE ALMEIDA SLEMER | F | F-25-29 | 3 | | 0 | 00:21:17 | |
| 30 | 3.177 | CLEDENICE MARCIA PADOVEZZI | F | F-50-54 | 3 | | 0 | 00:21:24 | |
| 31 | 3.138 | MARIA APARECIDA CELESTINO SEGA | F | F-55-59 | 2 | | 0 | 00:21:30 | INDIVIDUAL |
| 32 | 3.121 | CAMILA EGASHIRA | F | F-30-34 | 7 | | 0 | 00:21:31 | |
| 33 | 3.006 | BRUNA TOZETTO MENON | F | F-25-29 | 4 | | 0 | 00:21:35 | |
| 34 | 3.033 | ANA CAROLINA JACQUES | F | F-30-34 | 8 | | 0 | 00:21:35 | CLUBE DA CORRIDA |
| 35 | 3.114 | VANESSA LUCILA GARCIA | F | F-25-29 | 5 | | 0 | 00:21:38 | CLUBE DA CORRIDA |
| 36 | 3.119 | JAQUELINE LUCHETTI | F | F-30-34 | 9 | | 0 | 00:21:41 | CLUBE DA CORRIDA FI |
| 37 | 3.027 | PAULA CRISTINA PAULON | F | F-25-29 | 6 | | 0 | 00:21:55 | |
| 38 | 3.097 | JUNIA ZILIANI BORGES FRACHINCON | F | F-45-49 | 5 | | 0 | 00:21:56 | |
| 39 | 3.040 | VALERIA MONTE MEDEIROS | F | F-35-39 | 3 | | 0 | 00:21:56 | CLUBE DA CORRIDA |
| 40 | 3.161 | ANDRESSA MACHADO COSTA | F | F-20-24 | 6 | | 0 | 00:21:58 | HERGUS INOX |
| 41 | 3.078 | MONICA RAMIRA BERALDI MANDARIN | F | F-40-44 | 3 | | 0 | 00:22:03 | ACADEMIA BIO ACTIVE |
| 42 | 3.079 | CLAUDIANA M. SISTE CHARAL EUSÉE | F | F-30-34 | 10 | | 0 | 00:22:03 | ACADEMIA BIO ACTIVE |
| 43 | 3.051 | ARYADNE LARISSA DE ALMEIDA | F | F-20-24 | 7 | | 0 | 00:22:04 | |
| 44 | 3.020 | LUCINEIA LEÃO | F | F-35-39 | 4 | | 0 | 00:22:08 | CLUBE DA CORRIDA |
| 45 | 3.069 | GIOVANA BUCH | F | F-45-49 | 6 | | 0 | 00:22:08 | |
| 46 | 3.134 | MELISSA MCHADO FERREIRA DA CRL | F | F-35-39 | 5 | | 0 | 00:22:13 | |
| 47 | 3.176 | JOANA ERCILIA AGUIAR | F | F-40-44 | 4 | | 0 | 00:22:14 | CLUBE DA CORRIDA FI |
| 48 | 3.137 | AYLA CRISTINA MARTINS VEIGA | F | F-35-39 | 6 | | 0 | 00:22:15 | |
| 49 | 3.139 | DISLAINE AQUINO CALIZOTTI | F | F-25-29 | 7 | | 0 | 00:22:22 | |
| 50 | 3.089 | ROSELI DE FATIMA MARTINS | F | F-45-49 | 7 | | 0 | 00:22:22 | CLÍNICA VITA ORTOPE |
| 51 | 3.186 | AUDRIA TAIANE SOUZA DOS SANTOS | F | F-20-24 | 8 | | 0 | 00:22:22 | |
| 52 | 3.008 | ANA PAULA PIO BAILI | F | F-20-24 | 9 | | 0 | 00:22:27 | O2 - CIANORTE |
| 53 | 3.010 | CLAUDIA CRISTINA TORRES SILVA | F | F-40-44 | 5 | | 0 | 00:22:27 | O2 - CIANORTE |
| 54 | 3.113 | REGIANE DE PAULA | F | F-35-39 | 7 | | 0 | 00:22:33 | BH - PERSONAL TRAIN |
| 55 | 3.258 | ANA VITÓRIA TETTO KOGA | F | F-16-19 | 2 | | 0 | 00:22:36 | |
| 56 | 3.094 | FABIANA BALANI | F | F-45-49 | 8 | | 0 | 00:22:37 | ACADEMIA AUÊ |
| 57 | 3.035 | ANDRESSA ALEXANDRE DA COSTA S | F | F-25-29 | 8 | | 0 | 00:22:40 | AP PERSONAL TRAINE |
| 58 | 3.064 | ANDRESA KAMINSKI PALOMARES | F | F-30-34 | 11 | | 0 | 00:22:46 | |
| 59 | 3.062 | TATIANA AYUMI HIGUCHI SILVA | F | F-35-39 | 8 | | 0 | 00:22:47 | |

| Col. | N.Atleta | Atleta | Sexo | Categ. | Col.C. | Categoria S. | Col.S. | Tempo | Equipe |
|------|----------|----------------------------------|------|---------|--------|--------------|--------|----------|----------------------|
| 60 | 3.043 | FRANCIELLE ALMODIN | F | F-30-34 | 12 | | 0 | 00:22:48 | CLUBE DA CORRIDA |
| 61 | 3.123 | ROSE OMOTO | F | F-40-44 | 6 | | 0 | 00:22:51 | FISIOEDUCADOR |
| 62 | 3.107 | LUCIANA ZANATTA MOREIRA MARTIN | F | F-30-34 | 13 | | 0 | 00:23:02 | |
| 63 | 3.055 | ALINE DE SOUZA CASTRO | F | F-20-24 | 10 | | 0 | 00:23:04 | CENTRO FISIOEDUCAI |
| 64 | 3.084 | ANDREIA TOIGO | F | F-35-39 | 9 | | 0 | 00:23:06 | CLUBE DA CORRIDA |
| 65 | 3.125 | DENISE MENEGUETI | F | F-30-34 | 14 | | 0 | 00:23:12 | |
| 66 | 3.019 | LILIAN ALVES PEREIRA | F | F-35-39 | 10 | | 0 | 00:23:20 | CLUBE DA CORRIDA |
| 67 | 3.148 | TATIANA BELINI GIROTTO | F | F-35-39 | 11 | | 0 | 00:23:20 | CLUBE DA CORRIDA |
| 68 | 3.024 | LETICIA PETRYSYN PEREIRA VASMO | F | F-20-24 | 11 | | 0 | 00:23:22 | |
| 69 | 3.009 | SOLANGE FATIMA VICENTE NARDO | F | F-45-49 | 9 | | 0 | 00:23:28 | |
| 70 | 3.070 | CLAUDIA ADRIANA VISSOCI PEREIRA | F | F-35-39 | 12 | | 0 | 00:23:28 | |
| 71 | 3.116 | MIRIAN TOSHIE SAWASSATO CABRAI | F | F-45-49 | 10 | | 0 | 00:23:31 | EUCORRO.COM |
| 72 | 3.085 | OLIVIA CAROLINA GERMANO DOS SA | F | F-20-24 | 12 | | 0 | 00:23:33 | CENTRO FISIOEDUCAI |
| 73 | 3.049 | LURDES INES ROSSI | F | F-50-54 | 4 | | 0 | 00:23:35 | CLUBE DA CORRIDA/ F |
| 74 | 3.164 | ROSELIENNE L. BERTONI | F | F-40-44 | 7 | | 0 | 00:23:39 | CLUBE DA CORRIDA - I |
| 75 | 3.080 | TAIS FARINASSI | F | F-25-29 | 9 | | 0 | 00:23:49 | |
| 76 | 3.101 | MARIA DE LOURDES BETONI GALENC | F | F-55-59 | 3 | | 0 | 00:23:49 | |
| 77 | 3.102 | SHARIZE BETONI GALENDE | F | F-35-39 | 13 | | 0 | 00:23:59 | |
| 78 | 3.122 | CECILIA F.IKEDA AKAMINE | F | F-55-59 | 4 | | 0 | 00:24:00 | |
| 79 | 3.160 | DANDARA MEURER MISSIO | F | F-25-29 | 10 | | 0 | 00:24:01 | |
| 80 | 3.059 | MONICA RAMOS DE FREITAS | F | F-20-24 | 13 | | 0 | 00:24:03 | ACADEMIA SAÚDE E FI |
| 81 | 3.115 | JAYANE ADENIR SHIZUKO TAKATA R | F | F-20-24 | 14 | | 0 | 00:24:04 | SAUDE E FITNESS |
| 82 | 3.086 | JESSICA GIANINI VIEIRA | F | F-25-29 | 11 | | 0 | 00:24:04 | CLUBE DA CORRIDA |
| 83 | 3.071 | MARIA CAROLINA RIBEIRO | F | F-30-34 | 15 | | 0 | 00:24:05 | |
| 84 | 3.093 | AMANA COQUEMALLA THOME | F | F-25-29 | 12 | | 0 | 00:24:05 | VITA CLÍNICA DE ORTC |
| 85 | 3.151 | ANA CAROLINA MARQUES FALEIROS | F | F-20-24 | 15 | | 0 | 00:24:05 | |
| 86 | 3.048 | FRANCIELY PENHA RODRIGUES SILV | F | F-25-29 | 13 | | 0 | 00:24:06 | STUDIO ALONGUE PIL/ |
| 87 | 3.087 | ANA MARIA BALBINOT | F | F-20-24 | 16 | | 0 | 00:24:06 | CLÍNICA VITA/ACADEM |
| 88 | 3.131 | MARTA M S SIRAICHI | F | F-45-49 | 11 | | 0 | 00:24:07 | |
| 89 | 3.091 | JANICE QUILES | F | F-30-34 | 16 | | 0 | 00:24:07 | VITA CLÍNICA DE ORTC |
| 90 | 3.088 | RENATA BRANCO VASQUES DIAS | F | F-30-34 | 17 | | 0 | 00:24:08 | |
| 91 | 3.158 | CAMILA DE CARVALHO | F | F-25-29 | 14 | | 0 | 00:24:11 | CLUBE DA CORRIDA |
| 92 | 3.050 | SYLVIA YUKIE AKAI | F | F-25-29 | 15 | | 0 | 00:24:13 | |
| 93 | 3.039 | ANDREA MALACRIDA ZOLLI | F | F-35-39 | 15 | | 0 | 00:24:14 | CLAUDIO MÓVEIS |
| 94 | 3.030 | JANETE COUTO XAVIER BERNARDES | F | F-35-39 | 14 | | 0 | 00:24:14 | AÇÃO E MOVIMENTO |
| 95 | 3.257 | IZADORA DA LUZ CATÃO | F | F-30-34 | 18 | | 0 | 00:24:15 | |
| 96 | 3.083 | MARIA REGINA CAVALARO REZENDE | F | F-50-54 | 5 | | 0 | 00:24:18 | |
| 97 | 3.076 | DANIELA ROCHA LOURES | F | F-25-29 | 16 | | 0 | 00:24:18 | |
| 98 | 3.338 | ELIZABETE HOSHIKA | F | F-30-34 | 19 | | 0 | 00:24:22 | |
| 99 | 3.265 | LAIS MENEGUETTI | F | F-25-29 | 17 | | 0 | 00:24:25 | |
| 100 | 3.184 | MARLENE TISSEI SÃO JOSÉ | F | F-45-49 | 12 | | 0 | 00:24:28 | O2 |
| 101 | 3.099 | MARIA CLEUZA ZANOTI | F | F-55-59 | 5 | | 0 | 00:24:34 | |
| 102 | 3.140 | DENISE ROLEMBERG DE MATTOS VA | F | F-40-44 | 8 | | 0 | 00:24:38 | |
| 103 | 3.067 | mariana santos da silva | F | F-25-29 | 18 | | 0 | 00:24:38 | |
| 104 | 3.007 | TALITA DE MENEZES | F | F-25-29 | 19 | | 0 | 00:24:42 | PUCPR |
| 105 | 3.132 | THELMA ELITA COLANZI LOPES | F | F-35-39 | 16 | | 0 | 00:24:44 | |
| 106 | 3.098 | ALANA GAZOLI | F | F-25-29 | 20 | | 0 | 00:24:45 | |
| 107 | 3.016 | CAROLINA SOARES ALBUQUERQUE | F | F-16-19 | 3 | | 0 | 00:24:46 | |
| 108 | 3.124 | ELAINE GUARNIERI | F | F-40-44 | 9 | | 0 | 00:24:46 | |
| 109 | 3.337 | ISABELA MARION | F | F-25-29 | 21 | | 0 | 00:24:48 | |
| 110 | 3.002 | VALERIA BOSQUE | F | F-30-34 | 20 | | 0 | 00:24:53 | LONDRINA |
| 111 | 3.018 | LAIS ALBUQUERQUE MARENGONI | F | F-20-24 | 17 | | 0 | 00:24:53 | |
| 112 | 3.004 | PATRÍCIA ARDENGHI | F | F-20-24 | 18 | | 0 | 00:25:07 | ASSERT INVESTIMENT |
| 113 | 3.041 | SHEILA MARIA BRITO | F | F-35-39 | 17 | | 0 | 00:25:22 | CLUBE DA CORRIDA |
| 114 | 3.047 | WILMA ANGELINA BERALDO | F | F-60-99 | 1 | | 0 | 00:25:31 | FERNANDA VARGAS C |
| 115 | 3.021 | ANA CARLA D APARECIDA | F | F-25-29 | 22 | | 0 | 00:25:32 | |
| 116 | 3.032 | MARIELE RODRIGUES CARLOS | F | F-30-34 | 21 | | 0 | 00:25:49 | CLUBE DA CORRIDA |
| 117 | 3.058 | DENISE AQUINO COSTA | F | F-20-24 | 19 | | 0 | 00:25:55 | ACADEMIA SAÚDE E FI |
| 118 | 3.057 | VITORIA COSTA | F | F-50-54 | 6 | | 0 | 00:25:58 | ACADEMIA SAÚDE E FI |
| 119 | 3.066 | ANDRÉA WESSLER SLUSSAREK | F | F-30-34 | 22 | | 0 | 00:26:10 | CLUBE DA CORRIDA |
| 120 | 3.104 | GIULLIANA BRUNA REAL | F | F-20-24 | 20 | | 0 | 00:26:19 | ALONGUE ESTUDIO PII |
| 121 | 3.136 | REBECA LANÇONI FRANCO | F | F-30-34 | 23 | | 0 | 00:26:21 | ALONGUE STUDIO PIL/ |
| 122 | 3.037 | ELIANE LEITE GUIMARAES | F | F-45-49 | 13 | | 0 | 00:26:22 | CLUBE DA CORRIDA |
| 123 | 3.174 | TANIA CARMONA GARCIA | F | F-50-54 | 7 | | 0 | 00:26:29 | CORRA NA ATI |
| 124 | 3.082 | SILVIA MARIA PIRES RIBEIRO | F | F-16-19 | 4 | | 0 | 00:26:30 | |
| 125 | 3.106 | MÔNICA MARIA NÓBREGA BRASILEIR | F | F-45-49 | 14 | | 0 | 00:26:30 | |
| 126 | 3.028 | JULIANA RUI FERNANDES DOS REIS (| F | F-35-39 | 18 | | 0 | 00:26:32 | CLUBE DA CORRIDA |
| 127 | 3.144 | MARILUCE DONADELLI TADEI ESTEVI | F | F-40-44 | 10 | | 0 | 00:26:33 | |
| 128 | 3.015 | LIA SOARES DE FREITAS | F | F-45-49 | 15 | | 0 | 00:26:41 | CLUBE DA CORRIDA |
| 129 | 3.095 | RAQUEL MARIA SOBRINHO | F | F-55-59 | 6 | | 0 | 00:26:43 | |
| 130 | 3.072 | CAROLINA SOUZA | F | F-25-29 | 23 | | 0 | 00:26:48 | |

Sexo F

| Col. | N.Atleta | Atleta | Sexo | Categ. | Col.C. | Categoria S. | Col.S. | Tempo | Equipe |
|------|----------|-----------------------------------|------|---------|--------|--------------|--------|----------|----------------------|
| 131 | 3.022 | FABIOLA DOS ANJOS CARDOSO | F | F-35-39 | 19 | | 0 | 00:26:51 | CLUBE DA CORRIDA |
| 132 | 3.068 | ALINE PEREIRA CAMACHO | F | F-25-29 | 24 | | 0 | 00:26:53 | |
| 133 | 3.155 | JULIANA TOIGO MACEDO CARMONA | F | F-35-39 | 20 | | 0 | 00:27:00 | CLUBE DA CORRIDA |
| 134 | 3.103 | TEREZA KILZA DAMASCENO | F | F-50-54 | 8 | | 0 | 00:27:03 | |
| 135 | 3.169 | LEDIANE AUZENIR SILVA | F | F-30-34 | 24 | | 0 | 00:27:18 | |
| 136 | 3.014 | ANGELA MARIA FROEMING | F | F-45-49 | 16 | | 0 | 00:27:22 | |
| 137 | 3.263 | MIRIAM ROCHA | F | F-35-39 | 21 | | 0 | 00:27:27 | |
| 138 | 3.073 | ROBERTA BRANCO VASQUES | F | F-30-34 | 25 | | 0 | 00:27:57 | |
| 139 | 3.042 | MIRIAM REGINA GIOPPO | F | F-40-44 | 11 | | 0 | 00:28:39 | |
| 140 | 3.013 | ANDREIA APARECIDA PEREIRA | F | F-35-39 | 22 | | 0 | 00:28:41 | CLUBE DA CORRIDA |
| 141 | 3.110 | PATRICIA MIYAZATO | F | F-40-44 | 12 | | 0 | 00:28:55 | |
| 142 | 3.003 | NEUZA TOBIAS | F | F-55-59 | 7 | | 0 | 00:29:15 | |
| 143 | 3.036 | THAIS SOARES SERNACHE DE FREIT | F | F-20-24 | 21 | | 0 | 00:29:32 | CLUBE DA CORRIDA |
| 144 | 3.147 | SAMANTA FELTRIN | F | F-16-19 | 5 | | 0 | 00:30:13 | ACADEMIA AUE |
| 145 | 3.156 | LETICIA GOLIN NOGAROLLI | F | F-25-29 | 25 | | 0 | 00:30:13 | ACADEMIA AUÊ |
| 146 | 3.143 | ENILDA GOLIN CARNIER | F | F-45-49 | 17 | | 0 | 00:30:13 | ACADEMIA AUÊ |
| 147 | 3.146 | EDILAINE MARCANTE MACEDO | F | F-30-34 | 26 | | 0 | 00:30:14 | ACADEMIA AUE |
| 148 | 3.163 | GABRIELA | F | F-20-24 | 22 | | 0 | 00:30:57 | |
| 149 | 3.162 | ANNE LOUISE | F | F-20-24 | 23 | | 0 | 00:30:58 | |
| 150 | 3.053 | JULIANA DA SILVA FAGUNDES | F | F-25-29 | 26 | | 0 | 00:31:34 | |
| 151 | 3.172 | MARIA LUCIA GIAVINA DE ALMEIDA LI | F | F-16-19 | 6 | | 0 | 00:32:46 | UNINGÁ |
| 152 | 3.183 | LUANA PENASSO | F | F-20-24 | 24 | | 0 | 00:33:08 | |
| 153 | 3.182 | JESSICA CORSETTI | F | F-20-24 | 25 | | 0 | 00:33:08 | |
| 154 | 3.061 | JULIANA IATSKIU FURQUIM | F | F-25-29 | 27 | | 0 | 00:33:12 | MURILO 2013 |
| 155 | 3.120 | DULCINÉIA MARTINS | F | F-50-54 | 9 | | 0 | 00:33:12 | ATUAL PILATES - MICH |
| 156 | 3.179 | CYNTHIA JÉSSICA SELETE SILVA | F | F-16-19 | 7 | | 0 | 00:33:44 | |
| 157 | 3.159 | ISABELA BRUNINI CARNEIRO | F | F-16-19 | 8 | | 0 | 00:33:44 | |
| 158 | 3.171 | ISABELA RASINSKI ZUBACZ | F | F-16-19 | 9 | | 0 | 00:33:44 | |
| 159 | 3.153 | JANICE F. N. WIENBECK | F | F-55-59 | 8 | | 0 | 00:35:37 | ACADEMIA AUÊ |
| 160 | 3.340 | MICHELE ROSANA | F | F-30-34 | 27 | | 0 | 00:43:06 | |
| 161 | 3.005 | MARCILENE APARECIDA SANGA GRE | F | F-35-39 | 23 | | 0 | 00:44:11 | |
| 162 | 3.128 | MICHELLE TSUKADA | F | F-35-39 | 24 | | 0 | 01:03:54 | ATUAL PILATES NUTRI |

Sexo M

| Col. | N.Atleta | Atleta | Sexo | Categ. | Col.C. | Categoria S. | Col.S. | Tempo | Equipe |
|------|----------|-------------------------------|------|---------|--------|--------------|--------|----------|---------------------|
| 1 | 3.201 | EDSON KAORU NAKAMURA | M | M-40-44 | 0 | | 0 | 00:11:30 | ACORREMAR |
| 2 | 3.255 | JOÃO CARLOS NASCIMENTO | M | M-35-39 | 0 | | 0 | 00:11:42 | PREFEITURA MUNICIP, |
| 3 | 3.190 | CICEROLEITE SANTANA | M | M-40-44 | 0 | | 0 | 00:11:56 | USAÇÚCAR - MANDAGI |
| 4 | 3.243 | FERNANDO LIRANÇO | M | M-30-34 | 1 | | 0 | 00:12:03 | SERILON |
| 5 | 3.200 | ANTONIO CLARO MARTINS | M | M-45-49 | 1 | | 0 | 00:12:15 | GOLDEN RUNNERS/NA |
| 6 | 3.188 | FERNANDO RODRIGUES DA SILVA | M | M-35-39 | 1 | | 0 | 00:12:15 | |
| 7 | 3.245 | OSEIAS BEZERRA | M | M-25-29 | 1 | | 0 | 00:12:18 | DEP. FURLAN/SEC. ES |
| 8 | 3.197 | LUCIANOPOZZA | M | M-40-44 | 1 | | 0 | 00:12:19 | ACORREMAR |
| 9 | 3.230 | RAFAEL DE ABREU SBELLUTTI | M | M-20-24 | 1 | | 0 | 00:12:46 | RODRIGO MOIA |
| 10 | 3.251 | RODINEY APARECIDO GONÇALVES | M | M-30-34 | 2 | | 0 | 00:13:08 | SL ALIMENTOS |
| 11 | 3.250 | RODRIGO MOIA | M | M-25-29 | 2 | | 0 | 00:13:45 | PROJETO ARTE&VIDA |
| 12 | 3.198 | ROBERTO CEREUZUELA | M | M-50-54 | 1 | | 0 | 00:14:23 | SUL BENS CONSROCIC |
| 13 | 3.236 | JOÃO GABRIEL CORREIA GILBERTO | M | M-16-19 | 1 | | 0 | 00:14:24 | ACADEMIA AÇÃO E MC |
| 14 | 3.238 | BENEDITO PRADO DA SILVA FILHO | M | M-65-69 | 1 | | 0 | 00:14:42 | SPORTMED/ACORREM |
| 15 | 3.217 | EDILSON GIMENES | M | M-40-44 | 2 | | 0 | 00:15:17 | |
| 16 | 3.240 | ELESSANDRO DOS SANTOS | M | M-30-34 | 3 | | 0 | 00:15:40 | |
| 17 | 3.187 | JOSÉ JULIO TRONCO | M | M-50-54 | 2 | | 0 | 00:15:48 | UEM-MARINGÁ |
| 18 | 3.206 | ADILSON SOARES DE OLIVEIRA | M | M-35-39 | 2 | | 0 | 00:16:25 | ACADEMIA SUDE E FIT |
| 19 | 3.253 | RODOLFO OLIVEIRA SILVANO | M | M-20-24 | 2 | | 0 | 00:16:34 | |
| 20 | 3.204 | MATIAS FANOEL BARBOSA | M | M-25-29 | 3 | | 0 | 00:16:58 | SEGURANÇA ECOS |
| 21 | 3.216 | ROBERTO MAURO BARIZÃO | M | M-45-49 | 2 | | 0 | 00:17:09 | MABE |
| 22 | 3.196 | LEONARDO ANTONIO SORIANO | M | M-25-29 | 4 | | 0 | 00:17:13 | |
| 23 | 3.209 | MICHEL KOLBE MARTINS DA SILVA | M | M-20-24 | 3 | | 0 | 00:17:17 | ACADEMIA SAÚDE E FI |
| 24 | 3.239 | ALISON LOPES DOS SANTOS NUNES | M | M-20-24 | 4 | | 0 | 00:17:24 | ACADEMIA AUÊ |
| 25 | 3.233 | FERNANDO GOULART FERNANDES D | M | M-30-34 | 4 | | 0 | 00:17:45 | |
| 26 | 3.214 | MARCELO RODRIGUES MONTALVAO | M | M-35-39 | 3 | | 0 | 00:17:59 | ACADEMIA BIO ACTIVE |
| 27 | 3.219 | PAULO HENRIQUE GOULART FERNAN | M | M-30-34 | 5 | | 0 | 00:19:00 | |
| 28 | 3.254 | MARCOS APARECIDO JARDIM GAZIM | M | M-20-24 | 5 | | 0 | 00:19:02 | |
| 29 | 3.242 | MARCOS PAULO SATO | M | M-20-24 | 6 | | 0 | 00:19:17 | ACADEMIA AUÊ |
| 30 | 3.210 | LUIZ ATONIOBRANCO | M | M-40-44 | 3 | | 0 | 00:19:18 | |
| 31 | 3.237 | MANOEL BEZERRA NETO | M | M-55-59 | 1 | | 0 | 00:19:28 | |
| 32 | 3.215 | VALÉRIO IGARASHI | M | M-35-39 | 4 | | 0 | 00:19:31 | |
| 33 | 3.234 | LUCAS HENRIQUE RIGON VIDOTO | M | M-20-24 | 7 | | 0 | 00:19:47 | |
| 34 | 3.246 | WELLINTON | M | M-20-24 | 8 | | 0 | 00:19:48 | |

| Col. | N.Atleta | Atleta | Sexo | Categ. | Col.C. | Categoria S. | Col.S. | Tempo | Equipe |
|------|----------|---------------------------------|------|---------|--------|--------------|--------|----------|----------------------|
| 35 | 3.224 | MARCELO FARID | M | M-45-49 | 3 | | 0 | 00:20:04 | ACADEMIA PATRICIA C |
| 36 | 3.205 | HUGO LEONARDO BESSANI DA SILVA | M | M-25-29 | 5 | | 0 | 00:21:12 | EQUILÍBRIO ACADEMIA/ |
| 37 | 3.202 | REGINALDO SERGIO PIEMONTEZ | M | M-35-39 | 5 | | 0 | 00:21:31 | |
| 38 | 3.192 | ARION ZAHDI | M | M-35-39 | 6 | | 0 | 00:21:38 | ACORREMAR |
| 39 | 3.193 | PEDRO HENRIQUE COSTA DE MATTC | M | M-25-29 | 6 | | 0 | 00:21:54 | |
| 40 | 3.228 | MARCIO OMOTO | M | M-35-39 | 7 | | 0 | 00:22:01 | FISIOEDUCADOR |
| 41 | 3.208 | JOÃO BOSCO MARTINS DA SILVA JUN | M | M-25-29 | 7 | | 0 | 00:22:09 | ACADEMIA SAÚDE E FI |
| 42 | 3.227 | VINICIUS OMOTO NAKANISHI | M | M-16-19 | 2 | | 0 | 00:22:42 | FISIOEDUCADOR |
| 43 | 3.232 | HAMILTON SHIYUZO MAKINO | M | M-35-39 | 8 | | 0 | 00:22:46 | |
| 44 | 3.225 | ROBERTO NAKANISHI | M | M-45-49 | 4 | | 0 | 00:22:52 | FISIOEDUCADOR |
| 45 | 3.248 | ANDRÉ HENRIQUE MARTINS PEDRO | M | M-30-34 | 6 | | 0 | 00:23:01 | ATUAL PILATES |
| 46 | 3.221 | LINDOMAR MOLINA MARTINI | M | M-40-44 | 4 | | 0 | 00:23:02 | |
| 47 | 3.218 | FRANKLIN YUKIO SAKAMOTO | M | M-30-34 | 7 | | 0 | 00:23:32 | CENTRO FISIOEDUCAI |
| 48 | 3.252 | RENATO GONÇALVES FERREIRA PAE | M | M-25-29 | 8 | | 0 | 00:23:59 | |
| 49 | 3.203 | STEFAN JUNIOR MOURA SILVA | M | M-25-29 | 9 | | 0 | 00:24:06 | STUDIO ALONGUE PIL |
| 50 | 3.266 | HEITOR MENEGUETTI | M | M-25-29 | 10 | | 0 | 00:24:25 | |
| 51 | 3.231 | LEONARDO RODRIGO LOPES | M | M-35-39 | 9 | | 0 | 00:25:04 | |
| 52 | 3.191 | ALCESTE RAMOS REGIO | M | M-45-49 | 5 | | 0 | 00:25:44 | ALCESTE |
| 53 | 3.212 | TIAGO RAMOS LOUZADA | M | M-30-34 | 8 | | 0 | 00:27:17 | |
| 54 | 3.211 | SEBASTIAO AP QUESSADA STAVARE | M | M-55-59 | 2 | | 0 | 00:27:54 | |
| 55 | 3.199 | ANTONIO MARCIO AMBROSINI PIPINC | M | M-40-44 | 5 | | 0 | 00:28:37 | |
| 56 | 3.207 | JOSÉ ALEXANDRE LISBOA | M | M-30-34 | 9 | | 0 | 00:31:34 | |
| 57 | 3.247 | TARSISIO CAETANO DOS SANTOS | M | M-20-24 | 9 | | 0 | 00:33:24 | |
| 58 | 3.241 | VICTOR COIMBRA ZEQUIM | M | M-16-19 | 3 | | 0 | 00:33:41 | |
| 59 | 3.226 | VICTOR OMOTO NAKANISHI | M | M-16-19 | 4 | | 0 | 00:34:32 | FISIOEDUCADOR |
| 60 | 3.249 | CAIO NEMER ALI MAUAD | M | M-25-29 | 11 | | 0 | 00:42:24 | ACADEMIA VIDA ATIVA |
| 61 | 3.213 | RICARDO NORBERTO MIURA | M | M-30-34 | 10 | | 0 | 01:02:49 | VIDA ATIVA ACADEMIA |